



CONCUSSION MANAGEMENT POLICY

During the summer of 2012, Governor Cuomo signed into law the Concussion Awareness and Management Act. The purpose of the law is to protect our children by establishing a concussion plan that helps schools better prevent, identify, educate and manage a student who has sustained a concussion or "brain bruise."

A concussion is a mild traumatic brain injury. Concussion occurs when normal brain functioning is disrupted by a blow or jolt to the head. Concussions can also occur from a fall or blow to the body that causes the brain to move rapidly back and forth. Children and teenagers are among those at greatest risk for concussion because teenage brains are more susceptible to the serious consequences of head injury. Avoiding re-injury and over exertion until fully recovered are the cornerstones of proper concussion management

Fontbonne Hall Academy recognizes that concussions and head injuries are commonly reported injuries in children and adolescence that participate in sports and recreational activities. Because of this, Fontbonne Hall Academy has adopted the following policy and guidelines in the proper evaluation and management of head injuries. Our goal is to safely return athletes back to athletic and academic activity.

Any student demonstrating signs, symptoms or behaviors consistent with a concussion while participating in a school sponsored class, extracurricular activity, or interscholastic athletic activity shall be removed from the activity and be evaluated as soon as possible by an appropriate health care provider. The coach/school nurse will notify the parents or guardians and recommend medical evaluation as soon as possible.

If a student sustains a concussion at a time other than when engaged in a school sponsored activity, the school expects the parent/guardian to report the condition to the coach and the school nurse so that the school can support the appropriate medical management.

No student-athletes will be permitted to return to play or school without medical clearance from an appropriate health care provider. Recovery from concussion varies and avoiding re-injury is essential to recovery. Any student who continues to have signs and symptoms upon return to activity must be removed from play and reevaluated by their health care provider.

PARENTS, PLEASE SIGN AND RETURN WITH OTHER FORMS. THANK YOU

I, the parent/guardian of _____ (please print student's name)
acknowledge the receipt and understanding of the above information.

Signature of Parent _____

Parent/Guardian Name (Print) _____